June - The Month of glorious Achievers

"Long about knee-deep in June, 'Bout the time strawberries melts On the vine."
- James Witcomb Piley
Exemplars of Success

Excellence is our benchmark in every field and our students outshine year after year in the University results. With constant focus on academics we strive to imbue and develop our students into ideal graduates.

Swapandeep Kaur
M.Sc. (Botany) Sem-IV

Manisha
M.Sc. (BIF) Sem-IV

Priyanka Bhargav
M.Com Sem-IV

Priya
M.A. (Hindi)

Dipika Mehra
B.Voc. (Web Tech. & MM) Sem-IV

Diksha
BMM Sem-IV

Anjali Dhall
M.Sc. (BIF) Sem-II

Priyanka
PGD Cosmotology Sem-II

Bhavika Garg
M.Sc. (Botany) Sem-II

Sumandeep Kaur
B.Sc. (BT) Sem-II

Natisha Trehan
Dip. Counselling Sem-II

Rafia
B.A. Sem-II

Somya
B.Voc. (Banking & Fin.) Sem-II

Choranjit Kaur
M.A. (MI) Sem-IV

Gunjan Kapoor
M.A. (MV) Sem-IV
SECOND POSITIONS

Sukhmeet Kaur
B.A. (Hons) Psy Sem-IV

Neetu
B.Voc. (Banking & Fin.) Sem-IV

Akanksha Vig
B.Com (Prof) Sem-VI

Ashmita Singh
B.Sc. (IT) Sem-VI

Gurneet Kaur
B.Com. (Hons) Sem-VI

Akriti
B.A. (Hons) Psy Sem-VI

Gurneet Kaur
B.A. (Hons) Pol.Sc. Sem-VI

Amrit Kaur
B.A. (Hons) Eng. Sem-VI

Mandeep Kaur
M.Sc. (BIF) Sem-II

Satnam Kaur
M.A. (MI) Sem-II

Amandeep Kaur
M.A. (MV) Sem-II

Manisha Kapoor
PGD Garment Const. Sem-II

Shabnam
M.Sc. (CS) Sem-II

Richa Talwar
M.A. (Hindi) Sem-II

Chahat Sood 5804
PGD Cosmotology Sem-II

Pawandeep Kaur 9414
M.Sc. (Botany) Sem-II

Vaasvi Amar
BBA Sem-II

Priya Raihan
M.A. (Pol. Sc.) Sem-II

Ritu Batra
B.Sc. (IT) Sem-II

Rashmi Aggarwal
PG Diploma in Counselling Sem-II
THIRD POSITIONS

Samta Sahni
B.Sc.(IT) Sem-II

Bhawna Gulati
M.Com Sem-II

Naina Narang
M.Com Sem-II

Shivani Sharma
B.Com(R) Sem-II

Amanpreet Kaur
B.Voc (Banking & Fin.) Sem-II

Amrit Kaur
B.Voc (Banking & Fin.) Sem-II

Amita Charak
PG Dip. Counselling Sem-II

Rajni Bala
PG Dip.Counselling Sem-II

Yogita
M.Sc.(Botany) Sem-II

Deepika Chandel
M.Sc.(Botany) Sem-II

Tanvi
M.Sc.(BIF) Sem-II

Navneet Kaur
B.Com(Hons) Sem-IV

Bindia Garg
B.Com(Hons) Sem-IV

AnuGirdhar
B.Com(Hons) Sem-IV

Kanika Sharma
B.Sc.(Med) Sem-IV

Preeti Kumari
B.Voc (Banking & Fin.) Sem-IV

Anju
B.Voc (Banking & Fin.) Sem-IV

Gurneet Kaur 6001
B.A. Sem-VI

Shivani Lakhan Pal 3441
BBA Sem-VI

Alisha Jain 6614
B.Sc.(FD)Sem-VI

Richika Dogra
B.A.(Hons) Psy. Sem-VI

Neha Verna
B.A.(Hons) Pol.Sc. Sem-VI

Saloni Chaubey
B.Com (Hons) Sem-VI

Aanchal Mittal
B.Com(R) Sem-VI
Conferred with the Award of Best Principal and Award of Appreciation and honoured by Indain Red Cross Society for donating blood 20 times, Principal Dr. Mrs Ajay Sareen is an epitome of unparalleled dedication, monumental achievements and commitment to the cause of education. She has a number of memberships and honours to her credit.

- President of Indian Olympic Association, Punjab
- NAAC PEER Team Assessor since 2012
- Observer for UGC NET Examination since 2010
- Observer All India Pre Medical/Pre Dental Entrance Exam

Prestigious Member of:

- Sub Committee to Court Management System by Punjab & Haryana High Court
- Advisory Committee of College Development Council
- Academic Council
- Advisory Committee, Youth Welfare Department
- Examination & Evaluation Committee, GNDU Amritsar
- Principal’s Federation, Punjab
- Punjab State Legal Services Authority, Department of Legal & Legislative Affairs, Government of Punjab
- District Level Monitoring Committee of Information and Broadcasting Department, Government of India
- District Community Services of Police, Batala
- District Anti Ragging Committee
- District Police Advisory Committee
- Association of Indian College Principals
- Finance Secretary, Principal’ Association GNDU wing
- Executive Member, Sports Committee, GNDU Amritsar
- Life Member DAV College Trust & Management Society, New Delhi
- President, Arya Samaj, College Vibhag, Batala
- Manager/ Member of LMC’s of 21 DAV Institutions of Batala, Gurdaspur, Pathankot, Amritsar, Gadian, Bheri, Kalanaur and Dasuya
### Crème de la Crème

**Memberships held by Faculty Members**

<table>
<thead>
<tr>
<th>Name</th>
<th>Membership Details</th>
</tr>
</thead>
</table>
| Dr. Meenakshi Sayal  | Member of Board of Studies, GNDU Amritsar  
Member of Academic Council, GNDU Amritsar  
Executive Member of Indian Association of Physics Teachers                                      |
| Dr. Adarsh Khanna    | Member of Board of Studies at PG level, GNDU Amritsar  
Member Moderation Committee, GNDU Amritsar                                                   |
| Mrs. Jyoti Kaul       | Member Faculty of Sciences, GNDU Amritsar                                                                                                        |
| Dr. Kanwaldeep Kaur   | Member Faculty of Economics & Business  
Member Moderation Committee, GNDU Amritsar                                                     |
| Mrs. Chandrika        | Member Faculty of Economics & Business  
Member Board of Moderation, GNDU Amritsar  
Member Board of Studies, GNDU Amritsar                                                         |
| Dr. Meena Sharma      | Member PG Board of Studies, Department of Botany and EVS  
Member Moderation Committee, GNDU Amritsar  
Member Life Sciences, GNDU Amritsar                                                            |
| Dr. Ashmeen Kaur      | Member Board of Studies UG Level, GNDU Amritsar                                                                                                  |
| Dr. Sangeeta Arora    | Member Board of Studies, GNDU Amritsar  
Member Faculty of Engg. & Technology                                                             |
| Ms. Shama Sharma      | Member Faculty of Visual Arts & Performing Arts                                                                                                  |
| Dr. Anjana Bhatia     | Member PG Board of Studies, Department of Botany and EVS  
Member Moderation Committee, GNDU Amritsar  
Member Board of Studies, Khalsa College Amritsar                                                  |
| Mrs. Neety Sood       | Member of Board of Studies in Home science Common Board  
Member of Faculty of Sciences                                                                     |
| Mrs. Sunita Dhawan    | Member of Board of Studies, GNDU Amritsar                                                                                                        |
| Dr. Seema Marwaha     | Member of Board of Studies (UG), GNDU Amritsar                                                                                                   |
| Mrs. Archana Kapoor   | Member Academic Council                                                                                                                        |
| Dr. Rama Sharma       | Member of Board of Studies (UG, PG), GNDU Amritsar                                                                                               |
"The Summer looks out from her brazen tower, Through the flashing bars of July."

Francis Thompson
The pious Havan ceremony to seek the divine grace of the Almighty followed by an Orientation programme marked the commencement of the new academic session at HMV, an institution where the best of tradition gets blended with the promising present. Principal Prof. Dr. (Mrs) Ajay Sareen motivated the students to incorporate values as prescribed by Vedic scriptures and emphasized on the need of focusing on academic excellence.
Winning is our habit

July 7, 2016
Dr. Meenakshi Sayal, Head, Department of Physics, participated in live TV programme ‘Gallan Te Geet’ on Skill Development Courses about Community College under Pradhan Mantri Kaushal Vikas Yojana.

July 13, 2016
Mrs Urvashi Mishra, Assistant Professor in Computer Science attended Refresher Course in Information Technology from June 23 –July 13, 2016 at Human Resource Development Centre at Guru Nanak Dev University Amritsar

July 14, 2016
Dr. Meenakshi Sayal, Head, Department of Physics, acted as Paper setter of PhD entrance exam of Sant Baba Bhag Singh University.

Km. Simranpreet Kaur represented Indian Judo team in World School Games held at Turkey from 11th to 18th July, 2016 organized by International Sports Organization.

July 14
Being Money Wise
A seminar on Income Tax was organized by the Department of Commerce. Resource person Mr. S.S. Saini I.T.O. (TDS) Jalandhar and Inspector Mr. Vipin Uppal unfolded the rigmarole of taxation system and the provisions of TDS and TCS.

July 15

Success is a journey, not a destination

Km. Simran Dhiman represented Indian Badminton team in 3rd Indo Nepal Badminton Tournament held at Nepal from 15th July to 25th July, 2016 organized by Youth Rural Game & Sports Committee, Nepal and won Silver Medal.

July 14

Mrs. Aruna Walia, Dept. of Music is honored with an award in the field of Music Vocal and Instrumental by Rashtriya Manwadikar Ayog, a recognized National body of India.

July 16

Mrs. Cheena Gupta, Department of Fashion Designing acted as a subject expert for selection of candidates at RR Bawa DAV College, Batala.

July 17

Dr. Meenakshi Sayal, Head, Department of Physics, acted as subject expert at R.R. Bawa DAV College, Batala.

July 24

NCC cadets attended CATC Camp at Malout from 24 July to 2 August, 2016.

July 25

3-Day Workshop
Three day workshop on Accessories Designing using material like ribbons, bows was conducted by the Department of Designing under the supervision of Ms. Beenu.

July 26

Winners on the move

HMV Girls Tops in NGPE – 2016 Exam
Ms. Harsimran, Ms. Davinder Kaur and Ms. Kirti Minhas of B.Sc. VI Sem bagged State topper ranks from among 11535 candidates in National Graduate Physics Examination 2016 conducted by Indian Association of Physics Teachers to promote research and competitive exams.

Research Corner


Mrs. Sunita Dhawan, Department of Sanskrit edited a novel titled *Parvaaaz*. She also presented a Research paper on ‘Indira Gandhi ki Vishav Rajniti mein Sakriyeta’ in a magazine published by Shanti Devi Arya Mahila College Dina Nagar.

Mrs Yuvika, Department of Commerce, published a paper titled ‘Corporate Social Responsibility: A Comparative study on Reporting Practices of top 5 banks in India’ in the Indian Journal of Commerce Vol 69, No3.


Ms. Shalini Batra, Department of Economics acted as a Resource Person for two sessions in Faculty development Programme on ‘Research Methodology and Tools for Data Analysis’ at DAV University, Jalandhar on 27 July. She discussed about ‘Regression’ and ‘Analysis of Variance’.

The Gleaming month of August

“That August time it was delights
To watch the red moons wane to white.”
Algernon Charles Swinburne
Saving the Planet

Dr. Sushma Chawla, Principal Dr. Mrs. Ajay Sareen and members of Environment Club planted tiny saplings in the campus reminding the students of their responsibility to be good stewards of the Earth.
August 3
Sports is our strength
HMV won Sr. State Power Lifting Championship


August 4
NCC enrollment camp was organized by NCC Army wing to enroll new cadets.

August 5
Expanding Horizons
Simran Dhiman, Badminton Player of Hans Raj Mahila Maha Vidyalaya participated in 3rd National Rural Games 2016 held at Sirsa, Haryana and got First prize. Simran had also participated in 3rd Indo-Nepal Youth Rural Games 2016 held at Pokhran (Nepal) and got second position.

Research Corner

Mrs. Saloni Sharma, Department of Physics attended short term course on Advances in Material Science and Material Engineering from 8 to 14 August, 2016 at BR Ambedkar NIT, Jalandhar.

Mrs. Rakesh Uppal, Department of Physics, attended TEQIP-II sponsored one week short term course on Advances in Material science and Material Engineering from 8 Aug to 14 Aug at BR Ambedkar NIT, Jalandhar.

Dr. Meenakshi Sayal, Head, Department of Physics, participated in Workshop of B.Voc Curriculum organized by BFSI Sector Skill Council of India and National Skill Development Corporation at Mumbai on August 12.

Mrs. Gagandeep, Head, Department of Mathematics acted as a member of Selection Committee for Post of Assistant Professor at SBBS University
August 8

10 day Summer Course on Medical Textiles and Tissue Engineering

Dr. Rakhi Mehta and three students of B.D. (Textile Design) Harsh, Navroj and Prabhdeep attended a ten days International Summer Term Course on Medical Textiles and Tissue Engineering organized by Department of Textile Technology, Dr. B.R. Ambedkar National Institute of Technology, Jalandhar from 20th to 30th July, 2016. The course was organized under MHRD Scheme ‘Global Initiative for Academic Networks (GAIN). The candidates got themselves registered through GAIN portal of IIT, Khargpur. Faculty and students of HMV interacted with the speakers from University of BOLTON, UK, IIT Delhi and NIT, Jalandhar. This course was aimed at contributing towards the world of textiles and for creating a niche for successful career.

August 9

Scholarships given under Community College Scheme of UGC

What sculpture is to a block of marble, education is to the human soul

Principal Dr. (Mrs.) Ajay Sareen distributed Scholarships to the students of one year Diploma in Journalism and Media under Community College scheme of the UGC. Head of Mass Communication Department, Mrs. Rama Sharma said that Jalandhar is the hub of media industry and this course makes the students capable enough to do jobs in media industry. Under this course, Photojournalism, Radio Production and TV Production are taught to the students.
August 11

Havan Yajna at Arya Samaj Bikrampura

Havan Yajna was performed at Arya Samaj Bikrampura by Hans Raj Mahila Maha Vidyalaya under the directions of Principal Dr. (Mrs.) Ajay Sareen. The students, teachers and non-teaching staff members participated in the Havan.

August 12

M.Sc. FD students were taken for Market survey to Jalandhar markets for research on kids apparels.

August 13

Small cheer and great welcome makes a merry feast. The English Department organized a Fresher Party for the PG students of the department. Principal Dr. (Mrs.) Ajay Sareen extended a warm welcome to the students and encouraged them to maintain the tradition of excellence in academics as well as extra-curricular activities. The party manifested zeal and exuberance to the full. The students put forth an entertaining cultural extravaganza and enthralled the audience. The crown of Ms. Fresher and title of Helen was won by Ms. Priyanka of M.A. I Sem. Ms. Vimaljot became the 1st Runners up and was honoured with the title of Cleopatra. The 2nd runners up Ms. Vinita was accorded the title of Elizabeth and the title of Ms. Charming was given to Ms. Damanjeet.
August 14
Workshop on Communication Skills and Personality Development by Stuti Singhaniya under Career Counseling

August 16
Independence Week
The unit of NCC celebrated Independence week from 16 August to 23 August. A series of activities were organized under the banner:
- Patriotic poem writing competition on 20 August
- The whole college echoed with the reciting of National Anthem on 22 August
- Poster making competition on 23 August
- Card making, singing competition on 23 August
August 17

GOING GREEN

HMV celebrates Rakhi in a unique style
The Environment Club of Hans Raj Mahila Mahavidyalaya has taken a step forward towards making the college environmentally and socially advantageous to the region by organizing organic Rakhi event. HMV is a polythene free green campus and steps are being taken to make it an organic zone.

Organic Rakhis which were made by rural and tribal women were given to the students to celebrate Raksha Bandhan. Each Rakhi was made from organic cotton and dyed using natural dyes. Further, the Rakhis contained a seed to be planted after using them. The Rakhis were brought by social worker, Ms. Lipika.

August 18

Rock n Roll Cultural Bonanza
The campus echoed on a jubilant note with an exciting line up of competitive events like Quiz, Debate, Declamation, Poetry, Fine Arts, Photography, Giddha, Dance, Singing, Music Instrumental, Phulkari, Rangoli, Theatre on the noon of 18 August. The atmosphere was charged with vigour and enthusiasm of the participants. The students put up their exhilarating performances and mesmerized the audience.
Zoology Department organized one day Health Awareness Camp to check Blood Sugar & Blood Pressure. Dr. Seema Marwaha, Head of Department told about the importance of having normal BP and Blood Sugar and emphasized the importance of regular check ups. About 150 members got their BP and blood sugar checked in the camp. Principal Dr. Ajay Sareen appreciated the efforts of the department and encouraged the students and teachers to organize such activities in future also.

**August 23**
Two day workshop by Usha International Sewing Machines was organized, demonstrating the latest models to the students of Fashion Designing.

**August 24**
**A Pleasure Jaunt**
One Day Educational Tripto Department of Physics, GNDU Amritsar was organized by the Physics Department.

**August 27**
**Enjoying a Spree**
Students of B.Sc. FD were taken on an industrial trip to Yarn Plus Ludhiana to acquaint them with the process of making yarns.

**Book Shelf**
August 25
Janamashtami celebrations in the hostel

August 27
Computer Tech Fest

Chandrayaan Vipnet Club of Physics Department organized Inter-class competitions to mark the celebration of International Year of Pulses. Scientific Rangoli, Power point presentation and Poster/Model Making competitions were organized.

Computer Club of PG Department of Computer Sc. & IT organized Computer Tech Fest 2016. A total of 9 events were organized in a week namely Paper Presentation, IT Quiz, Logic Development in C and C++, Web Development, IT extemore, Net Savy, One Act Play and Group Dance. The title of Miss Tech Fest PG was given to Navjot Kaur and Miss Tech Fest UG was awarded to Shalini.

Department of Sanskrit organized a declamation and poetical recitation competition on preaching and importance of Vedas.
August 28

Neem Gifting Activity

Environment Club of Hans Raj Mahila Maha Vidyalaya organized a “Neem Gifting Activity”. The students of Environment club created awareness regarding the growing pollution and diseases associated with the food habits of modern day Indians and gifted more than two hundred neem seeds to staff and students. Speaking on the occasion Dr. Anjana Bhatia, Secretary Environment Club said that Punjab is facing dire problem of rising pesticide content in the food crops. The best solution is to use biopesticides like Neem which are eco-friendly, useful and easily available.
August 31
Nature Carnival

DBT sponsored Nature Carnival organized at HMV

PG Department of Botany organized one day DBT sponsored Nature Carnival under the mission ‘Our Dream, Go Green’. Events like plant variety show, photography and slogan writing were organized in which more than 350 students from different schools and colleges participated. On this occasion, the Department (FIST-DST sponsored) formally announced the formation of G.B. Pant Botanical Society headed by Dr. Meena Sharma and Secretary Dr. Shaveta Chauhan.
The sparkling month of September

"By all these lovely tokens
September days are here,
With summer’s best of weather
And autumn’s best of cheer."

Helen Hunt Jackson
A Caravan of Words

The editorial team of ‘Akhar’ magazine, Sh. Vishal, Dr. Vikramjit, Sh. Inderjit, Sh. Tirlochan and Sh. Jagjit along with Shiromani Punjabi Poet Sh. Gurbajan Gill were honoured by Principal Dr Ajay Sareen and Punjabi Sahit Sabha.

September 2

Bidding Farewell

Head of Home Science Department Mrs. Sunita Saggi successfully completed 38 years of her glorious services with Hans Raj Mahila MahaVidyalaya Jalandhar. Principal Prof. Dr. (Mrs.) Ajay Sareen and other faculty members wished her luck and best of health on her superannuation.
Sanchetna Diwas

The college organized a Sanchetna Diwas to adorn the students of Student Council and Discipline Committee with Badges. Vice President DAV College Managing Committee Dr. S.S. Khanna graced the occasion as Chief Guest. Member of Local Committee Dr. Surendra Seth was the guest of honour. Principal Prof. Dr. Ajay Sareen presented the Dhwaj to Sh. S. S, Khanna ji, and also gave a new slogan, ‘BetiBachao, Beta Padhao’ on the occasion.

A Motivational Seminar

R. Venkataraman Chemical Society organized a DBT sponsored motivational seminar on the topic Never Give Up. Resource person Dr. Umesh Arya from Guru Jambeshwar University, Hisar emphasized that it’s better to overlook things that cannot be corrected, instead focus upon new goals, regaining confidence and enthusiasm and give all your energy to achieve this goal. He practiced different techniques like deep breathing, meditation and hypnotizing session and tried to clear the heart and mind of students of negative feelings and guilt and rejuvenate them with positive energy.
New Looks
Named as “Swami Dayanand Library” and comprising of air-conditioned reading rooms with a capacity to accommodate 300 students, the renovated library of Hans Raj Mahila Maha Vidyalaya breathed into a new life with its inauguration. The library is now a digital library with open access system and an infibnet facility. It has a “Peace Zone” for meditation purpose and an AC reading hall for the students.

A Tree Plantation camp was organized by the NCC unit on Teacher’s Day.

Principal Dr. Mrs. Ajay Sareen participated in 22nd National Conference on Higher Education for bridging the gap between rural and urban India organized by Indian Colleges Forum at Mahla PG Maha Vidyalaya, Jodhpur from 5-7 September

Cadet Surbhi and Sherry attended the Pre Vayu Sainik camp held at NCC academy Ropar from 5 Sep to 14 Sep and got selected for PVSC –II.
September 6

Mrs. Navneeta, Department of Fashion Designing, was invited as a resource person at Khalsa College Amritsar to deliver a lecture on Needle Craft and Knitting techniques.

The career counselling cell organized a workshop on personality development in which Amit delivered a lecture on spontaneous speaking, body language and brain controlling techniques.

September 7

HMV Won Overall Trophy In Technozia – 2016

Hans Raj Mahila Maha Vidyalaya bagged overall trophy in TECHNOZIA-2016, an inter college competition organized by BBK DAV College for Women, Amritsar. Students participated in various events and won first prize in IT Drama, first prize in Webmania, first prize in Group Discussion, first prize in Net Savvy, first runners up in IT Cartooning, first and second runners up in logic whirlpool and second runners up in IT extempore.
Jashan-E-Milan
The students of Commerce Department organized a Freshers Party for the new students with full zeal and vigour. The students put forth a colourful programme. Such events create a feeling of fraternity and harmony among students.

CV Raman Science Society of HMV organized workshop

C.V. Raman Science Society organized a workshop on Gynecological problems in young girls. Delivering a talk, Dr. Vandana Aggarwal (Mahajan Carewell Hospital) exposed the fact that 19% women population is screened for cervical cancer every year while breast cancer is on the top list in developed countries. However, this cancer can be cured nowadays as vaccination for this is available which can be administered to girls after attaining the age of 9 years. On this occasion, a poster competition on ‘Health and Nutrition’ was also held.

International Literacy Day celebrated at HMV
Planning Forum, Department of Economics celebrated International Literacy Day. The celebrations were marked by a poster making competition in which students participated with great enthusiasm and showcased their talent and zeal for the spread of literacy drive in the society. The themes related to knowledge, education, literacy and empowerment were artistically presented on colourful
**September 10**

An uplifting session of Ved Katha Utsav

The soft beats of the hymns and the tender hues of the setting sun offered a perfect ambience to the Ved Katha Utsav in which Mahatma Chetanyamuni Ji highlighted the importance of Havanas and Yajnas relating to their scientific benefits to the environment. Mata Satya Priya Ji recited two poems in the glory of patriotism and great women of the country. Not only a spiritual leader but a writer and an orator, Mahatma Chetanyamuni Ji described the vedic teachings as an epitome of individual right for self-inquiry.

One day lecture cum workshop was organised by Ms. Tanisha from the Department of Fashion Designing on various textures and prints using different colour mediums.

**September 12**

College achieved a landmark by setting up of Legal Literacy Cell, inaugurated by Sh. R. S. Attrri, District and Session Judge-cum-Chairman, District legal Services Authority, Jalandhar. It will prove to be a milestone in creating awareness and providing free legal aid to the girl students.

**September 14**

At Your Fingertips

Taking a step forward in the direction of globalization, Hans Raj Mahila Maha Vidyalaya launched its own Mobile App, HMV News Mobile App. The App was launched by Vice President DAV College Managing Committee, New Delhi Dr. S.S. Khanna, Mr. Surendra Seth, Member Local Committee and Principal Prof. Dr. Mrs. Ajay Sareen. Speaking on the occasion, Dr. S.S. Khanna said that DAV always strives to provide value based education strongly rooted in Indian Culture and yet matching up with the growing needs of technology and globalization.

**September 15**

Gulfam and Muskaan Virdi bring laurels to the college

In the Quiz League-2016 (JQL-2016) organized by Jaipuria Institute of Management Noida, Gulfam Virdi and MuskaanVirdi stood first and won a cash prize of Rs.5000/-.
Celebrated Sitar virtuoso
Pandit Prateek Chaudhuri in HMV

The audience was teleported into a world of grandeur and magnificence, listening to the nimble strokes of the sitar played by Sitar Maestro Pandit Prateek Chaudhuri, Professor University of Delhi and son of Padam Bhushan Pandit Debu Chaudhuri in a 2-day Sitar workshop. He is the successor of Senia Tradition of Mian Tansen and has been ranked as top class artist of India by National Television and Radio. He has performed in front of Bill Clinton, Dr. Abdul Kalam, Smt. Pratibha Patil and in all parts of the world including USA, England, Spain, Italy, Hongkong, Greece, France, Syria, Norway, Canada etc. He has a group named ‘Sitar Ecstasy’.

September 17
Jubilant Moments

The Students of Post graduate Departments of Hindi, Political Science and Music organized a freshers party for the new entrants of Semester 1.
September 20

2-day workshop on Hair Rebonding

Cosmetology Department organized 2-day workshop on Hair Rebonding, Smoothening and Keratin treatment by Mr. Asaz, Hair expert and owner of 90O Saloon and Academy.

September 19

Two day creative workshop was organized by Department of Fine Arts to learn the techniques of acrylics. Eminent artist Gurdish Singh Pannu explained the principles of composition and demonstrated the magic of acrylics on canvas.
September 21

One day workshop on experimental Physics in collaboration with Indian Association of Physics Teachers Regional Council was organized. Dr. NP Saini Head Physics Department, GNDU Amritsar was Chief Guest. National awardee Mr. Jaswinder Singh and Mr. Prem Singh were resource persons.

September 22

Tradition Continues

HMV won GNDU Korfball Championship

Korfball team of Hans Raj Mahila Maha Vidyalaya won the GNDU Korfball Championship by defeating BBK DAV College for Women Amritsar with 10/8 score.
Dr. Ashmeen Kaur acted as a Resource person in a workshop organised by UKIERI on ‘Human Values and Soft Skill Development in students through curriculum management’ at Mehr Chand Polytechnic College, Jalandhar.

Cancer Awareness Rally

R. Venkataraman Chemical Society of Hans Raj Mahila Maha Vidyalaya organized Cancer Awareness Rally to make people aware of this deadly disease and to stress upon the prevention, early detection and cure of the disease. Students participated enthusiastically in this rally giving message through various posters and charts to raise awareness of cancer to encourage its prevention, detection and treatment.

Ms. Kanu Priya, Department of Computer Science presented a paper “On the Selection of Mobility Optimised Routing Protocol for City Scenario using Multi Interface Car in VANET” at 5th International Conference on Advances in Computing, Communications and Informatics- IEEE at LNM Institute of Information Technology Jaipur.

Workshop on Robotics by Computer Science and IT Department
September 25
Dr. PremSagar, HoD Music Vocal gave a Classical Vocal performance at SAM New Delhi

DBT sponsored discourse on Evolution of Bioinformatics and its applications in Medicine organized by the Departments of Zoology and Bioinformatics

September 27
**Commerce Bonanza 2016**

Commerce Club of PG Deptt. Of Commerce and Management organised Commerce Bonanza 2016. The competitions included Poster making and paper presentation competition on the topic ‘India Vision 2020’ and ‘Make in India’, Fancy dress, Pot decoration, flower arrangement, nail art, best out of waste, Rangoli, Business Plan competition, Business Quiz, Brand Logo, Tattoo making, cartooning on the latest political scenario, collage making on e-commerce and Inter-class dance completion. More than 500 students participated in these competitions.
September 27

Installation Ceremony
Principal Dr. Mrs. Ajay Sareen adorned the students of Discipline Committee with their badges in the Installation ceremony. She congratulated the office-bearers and introduced them to the importance of discipline in the journey to success. Mrs. Neety Sood deciphered the word ‘Discipline’ into beautiful meaning and Mrs. Ramnita Saini Sharda foregrounded the significance of self-discipline and politeness in life.

September 28

Voters Day organized by NSS wing of HMV
The NSS wing and Political Science department collaboratively organized a Voters Day in Hans Raj Mahila Maha Vidyalaya. The students were made aware of the worth of their votes and inspired new voters where to get their voter identities. Dr. Rajiv Kumar, Asstt. Prof. in Political Science acquainted the students with the process of creating new votes.

September 29

Clean INDIA Green INDIA Swacch Bharat Abhiyan
NCC Cadets Vishali, Mandeep, Shweta, Minakshi and Neha attended CATC camp at SBS University from 19-28 September, 2016. Vishali and Mandeep won first prize in Drill and were selected for RDC. They also won first prize in giddha.

Dr. Seema Marwaha, Head Department of Zoology, attended a Regional workshop ‘Research as Pedagogy-A Science Teacher Education Programme (RAP A STEP) at Panjabi University Patiala.

September 30

Mathematical Quiz Competition and Extension lecture
The Department of Mathematics of Hans Raj Mahila Maha Vidyalaya organized Mathematical Quiz Competition and Extension Lecture on Role of Mathematics in Emerging Areas of Technology. The resource person was Dr. Loveleen Kumar Grover, Associate Prof. Deptt. of Mathematics, GNDU Amritsar.
"The sweet calm sunshine of October, now
Warms the low spot; upon its grassy mold
The purple oak-leaf falls; the birchen bough
drops its bright spoil like arrow-heads of gold."
- William Cullen Bryant
**October 1**

**Nutrition Fiesta**

Home Science and Fashion Designing Departments of Hans Raj Mahila Maha Vidyalaya organized Nutrition Fiesta. Students from different streams participated in the competition. The topics for salad making, slogan writing and poster making were obesity, junk food and anemia.

**October 2**

**Dress in Style**

**2-day workshop on Fabric Beautification**

Fashion Designing Department of Hans Raj Mahila Maha Vidyalaya organized a two day workshop on Fabric Beautification. The resource person was Mrs. Ambica Khurana, Asstt. Prof. in Textile Designing from Khalsa College for women, Amritsar. During the workshop, students of Fashion designing learnt about various techniques of surface ornamentation like block printing, screen printing, stencil, macramé knotting etc.
Hans Raj Mahila Maha Vidyalaya participated in GNDU Inter College Swimming Championship held at GNDU Campus Amritsar and got First position with 113 points. Our student Km. Shivangi was declared Best Swimmer (Women) of GNDU. Principal Dr. Sareen told that Km. Shivangi, Anureeti and Varinder Kaur were also selected for All India Inter University Swimming Championship which will be held at Panjab University Chandigarh.
The students of Punjabi Department visited Preet Nagar, founded by renowned writer Gurbaksh Singh Preetladi. The students also saw two plays “William Tell” and “Mull Di Tiwi” in Balraj Sahni open air theatre. They also visited the house of famous Novelist Nanak Singh.

October 9

“Good is not good when better is expected”

**HMV won GNDU Badminton Championship**

Badminton team of Hans Raj Mahila Maha Vidyalaya participated in Inter-college Badminton Championship organized by GNDU Amritsar and bagged first position.
October 6

Students of Mass Communication and Video Production Department won Antakshari Competition organised by Journalism Department of GNDU, Ludhiana.

October 8

Mrs. Neety Sood acted as subject expert for the post of Assistant Prof in FD at Lyallpur Khalsa College Women Jalandhar.

Poster making and slogan writing

Beautiful posters and inspirational slogans in the memory of Bhagat Singh marked the occasion of poster making and slogan writing competition organized by the Department of History.
October 10

Ten days hobby Classes of Creative Arts & Crafts

The Department of Fine Arts organized ten days hobby classes for the students of B.D., B.F.A. and B.A. Fine Arts to learn creative arts and crafts techniques. Students were given demonstrations on pot painting, stone art, fabric painting and low relief slabs.

October 11

Fashion Wardrobe
Seminar on Fabric Study

Fashion Designing Department and Home Science Department of Hans Raj Mahila Maha Vidyalaya organized a seminar on Fabric Study. The resource person was Mrs. Meghna Gupta, Asstt. Professor, Lovely Professional University. The students of Fashion Designing and Home Science Departments attended this seminar. They were acknowledged with valuable information on fabric production from fibre to final finished product. Mrs. Meghna shared her opinions on various fibres and its properties.

October 12

The extra bite

One week Campus Recruitment Training Programme

The Career Counselling Cell organized a one week Campus Recruitment Training Programme for the students. The resource person Ms. Stuti from Terra Education, Amritsar demonstrated the students to prepare video resume. She also helped the students in enhancing their communication skills. There were theoretical as well as practical sessions.
The volunteers of NCC, NSS and Centre for Gandhian Study participated in an oath taking ceremony under Swatch Bharat Mission. The students took oath for keeping their surroundings clean. On this occasion, NCC and Centre for Gandhian Studies Incharge Dr. Rajiv Kumar addressed the students and encouraged them to contribute in keeping the surroundings and society clean and tidy.

Km. Lidiyamol M. Sunny represented Kerala Cycling team in Senior National Track Cycling Championship from 15th to 18th Oct. 2016 held at UP Aligarh organized by Cycling Association of UP and she won Gold Medal.


**October 16**

Ru-B-Ru

A fresher party ‘Ru-B-Ru’ was organized by Multimedia Department for freshmen classes of B. Vocational Web Technology and Multimedia and Bachelor of Multimedia. The students participated in various activities showcasing their talent. Miss Himani, Miss Rhea, Miss Gurveen were titled as Miss talented, Miss Elegant and Miss Fresher respectively.

**October 18**

Dr. Seema Marwaha, Head Department of Zoology, attended International Symposium at Doaba College Jalandhar on the topic’ Genomic Medicine: Personalised Care for You and Me.

**October 20**

HMV girls bags first prize of Rs. 5100/-

Students of HMC Collegiate Sr. Sec. School Divya, Pavitra and Sandeep of SSC II participated in Inter School State Level Quiz Competition ‘Prativaad’ 2016 organized by GNA University Phagwara. In the competition, 50 teams of various schools participated in which HMV students stood first. They were awarded cash prize of Rs.5100/-, individual trophies and certificates.
October 21

Stretching the bounds
All India Inter University
Road Cycling Championship

International Cyclist Lidiyamol M. Sunny of Hans Raj Mahila Maha Vidyalaya represented GNDU Amritsar in All India Inter University Road Cycling Championship held at GNDU Amritsar. She has won two Gold Medals in Mass Start Race and Point Race.

DBT sponsored workshop on Drug Designing & Application of Bioinformatics

The Zoology and Bioinformatics Departments organized DBT sponsored one day workshop on ‘Drug Designing & application of Bioinformatics’. Dr. Amit Nargotra, Senior Scientist, Discovery Informatics Division, CSIR, Jammu and Ms. Priya Mahajan, SRF, CSIR, Jammu graced the day as resource persons. Dr. Amit Nargotra delivered a talk on the topic ‘Computational aspect in Drug Designing’. He explained the process of Drug Discovery and told that it is an integrated field which includes various departments like Botany, Zoology, Biotech, Chemistry and Bioinformatics. Ms. Priya Mahajan discussed about various important tools and databases used in drug discovery process. She also gave hands on practice of these softwares to the students.


October 22

Media Fest Prix Mosaic 2016

The Multimedia Department of Hans Raj Mahila Maha Vidyalaya organized Media Fest ‘Prix Mosaic 2016’ in the campus. The chief guest of the inaugural session Dr. Gurvinder Singh, Dean Faculty of Engg., GNDU Amritsar, addressed the students and said that good teachers boost the confidence level of the students. In the valedictory session, Dr. K.K. Rattu, Director Media Studies, DAV University gave prizes to the winners. He appreciated the efforts of Multimedia Department and encouraged the students to participate in such events with more enthusiasm.
October 24

**Guest Lecture by Dr. Z.N. Patil**

The English Department in collaboration with the department of Mass Communication organized a guest lecture on Phonetics and Spoken English by Dr. Z.N. Patil. An effective communicator himself Dr. Patil spoke at length about speaking and listening skills in a very interesting manner, illustrating them with anecdotes and incidents from day to day life. He emphasized on the use of simple language that is easy to understand.

**Success is, believing you have never reached the peak**

**Winners of Zonal Youth festival**


**Workshop on Digital Banking Operations**


October 25

**Workshop on HTML 5 & CSS**

A five day workshop on HTML 5 & CSS was organized by Department of Multimedia. Mr. Prince Bhatt, delegate from Nimble Technocrat, Jalandhar gave their skilled guiding principles to the foundation classes of B. Vocational (Web Technologies & Multimedia) 1st Sem. and BMM 3rd Sem, where the topics of web technologies were discussed in detail keeping professional aspects in mind. Along with that latest advancement in the latest versions of web technologies including prominent new elements were taught to the class.

October 27

Km. Komal Tiwari represented Haryana Cycling team in Open Junior National Cycling Championship held at Aligarh, UP from 26th to 28th Oct., 2016 organized by Cycling Association of UP and she has won 2 Bronze Medals.

October 28

**5-day CAD Workshop on Design Possibilities**

Bachelor of Design Department successfully completed 5-day CAD workshop on Design Possibilities in the department for students. Designer Jashandeep Kaur from Amritsar explained the CAD software Wantage Win Jacquard. She explained various possibilities of printing and weaving.

October 31

**HMV salutes Sardar Vallabh Bhai Patel**

Hans Raj Mahila Maha Vidyalaya holds Rashtriya Ekta Saptah from 31st Oct. to 6th Nov., 2016 to honour the memory of Sardar Vallabh Bhai Patel and thereby becoming a part of nationwide campaign. Department of Political Science organized Unity Run and slogan contests were organized.

October 27

Dr. Nitika Kapoor presented a paper on ‘Cross talk of Phyto hormones in salt Zea Mays seedlings’ at UGC sponsored National Conference on Recent Advances of Insilico Analysis at LKC Jalandhar.

Mr. Harpreet Singh received fourth prize in Poster presentation entitled ‘A Molecular dynamics study of Tacy P-1 free and in complex with the Ala -pro dipeptide’ at UGC sponsored National Conference on Recent Advances of Insilico Analysis at LKC Jalandhar.

A Trip to Science City was organized for science students on 27 Oct.

October 30

Diwali was celebrated in the hostel.

Mrs. Jyotika Minhas, Department of Economics presented a research paper titled “Foreign Direct Investment and Economic Growth: Long Run Implications for India” in National seminar on Global Contemporary Issues in Business and Management: Challenges Ahead at Sikh National college Banga.
The dazzling November

The wild gander leads his flock through the cool night, Ya-honk! He says, and sounds it down to me like an invitation:
The pert may suppose it meaningless, but I listen closer, I find its purpose and place up there toward the November sky.”
- Walt Whitman
November 2

On and On and On

In Inter Zonal Youth Festival organized by GNDU Amritsar from 2nd – 5th November, 2016, college won 3 first prizes in Folk Song, Giddha and Kavishri. 11 second prizes in Phulkari, Rangoli, Debate, Quiz, Vaar, Photography, Landscape, Poster Making, Collage Making, Installation and Cartooning. 2 third prizes in Clay Modelling and Classical Dance.

In addition, the Fine Arts Trophy and Folk Trophy are also won by the college.

A tryst with Science

116 students of Hans Raj Mahila Maha Vidyalaya visited Pushpa Gujral Science City under DBT grant. The students explored the world of science through various setups in science city. Students were thrilled to see the Dino park. They had a glimpse of Jurassic age. They enjoyed 3-D show, Laser show and movie Back to Moon in Dome theatre. They got first-hand information about earthquake by sitting in an earthquake simulator. They also gathered knowledge about global warming in the climate change theatre. The trip was beneficial for students as they explored many new horizons of science and knew about significance of science and technology now and days.
November 4-6
A venture for peace and harmony
3 day Jalandhar chapter of Model United Nations

and thought provoking proceedings of 3-day Jalandhar Chapter of Model United Nations witnessed its inauguration at Hans Raj Mahila Maha Vidyalaya under the able guidance of Principal Dr. (Mrs.) Ajay Sareen on November 4. The maiden venture of organizing an MUN at HMV and a first among Colleges under DAV Managing Committee, received a huge response with around 700-800 delegates registration from every corner of the country.

HMV MUN is recognized by United Nations itself and the certificates bore their official logo. The conference hosted 15 committees to bring out the best debating, diplomatic and leadership skills in the students. It gave a new dimension to the education system. This academic simulation of the United Nations provided a platform to the delegates to voice their opinions on issues of global concern. The conference was based on the theme “2030 Agenda for sustainable development in least developed countries”. The delegates put forth extensive discussions on matters like Indo-Pakistan relations, United Nations Economic and social conditions, social, cultural and humanitarian issues, atomic energy issues, status of women, condition of children, international security issues.
November 7

Workshop on Innovate or Evaporate

PG Deptt. Of Commerce and Management organized one day workshop on Innovate or Evaporate. More than 500 students from different schools of Jalandhar and around participated in the workshop. A number of competitions were also held.

November 8

Prize Distribution Function of NCC Army Wing

NCC Army wing organised Prize Distribution function to honour NCC cadets who won trophies in various competitions. Commanding Officer 2nd Pb. Girls Battalion Col. Atul Shah addressed the students and told about the benefits of being an NCC cadet. He also showed a presentation of NCC to the students. On this occasion, more than 35 NCC cadets of HMV were given prizes for their achievements in various NCC camps.

November 9

Faculty Welfare Programme

Hans Raj Mahila Maha Vidyalaya organized Faculty Welfare Programme on Weight Management and Reshape your Shape.

November 5

Dr. Sangeeta Arora HoD Department of Computer Science presented a paper on ‘Cryptographic Techniques’ in UGC sponsored National seminar on Information and Network Security: Need, Dimensions and tactics at KMV Jalandhar. Km. Leelavathi N. represented Karnataka Cycling team in Senior National Cycling Championship held at Aligarh, UP from 5th to 8th November organized by Cycling Association of UP and won silver medal.

November 8

Department of Political science organized a Voter Mela in the campus to motivate the students to use their right to vote.

Ms. Shalnu Batra, Assistant Professor Economics delivered an extension lecture on ANOVA and Testing of Hypothesis using SPSS at Guru Nanak College Sukhchainana Sahib, Phagwara.

November 10

NCC Cadets attended CATC camp at Adampur from 10-19 Nov, 2016.

Mrs. Anu Bala, Department of Music recited shabads at AIR Jalandhar
The students of Hans Raj Mahila Maha Vidyalaya won 16 prizes out of 17 in Inter Zonal Youth Festival organized by GNDU Amritsar. Hans Raj Mahila Maha Vidyalaya won 3 first prizes, 11 second prizes and 2 third prizes. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated Advisor of Youth Welfare Dr. Jasbir Rishi, Dean Mrs. Navroop, Co-Dean Miss Shama Sharma and Mrs. Veena Arora for this achievement. The students won first prize in Folk Song, Giddha and Kavishri. The students won second prize in Phulkari, Rangoli, Debate, Quiz, Vaar Singing, Photography, Landscape, Poster Making, Collage Making, Installation and Cartooning. Clay Modelling and Classical Dance got third position. In addition, the Fine Arts Trophy and Folk Trophy is also won by the students of HMV. The Giddha performance of HMV was highly appreciated by the university authorities.

November 11

Workshop on Banking Software

PG Department of Commerce and Management organized a workshop on Banking Software ‘Finacle’ for the students of B.Voc. (Banking and Financial Services). The students visited the circle office of Punjab National Bank Jalandhar. Mr. Daljeet Singh, Senior Faculty from Training Institute, Punjab National Bank, Ludhiana explained how Finacle has revolutionized the banking operations by providing a number of products such as account opening, treasury solution, wealth management and at the same time offering core banking solutions by giving practical examples. The workshop ended with interactive session.

November 12

Seminar on “Current developments in Web technologies”

A one day seminar on “Current developments in Web technologies” was organized by Department of Computer Science and Multimedia. Mr. Anshuman Aneja (Founder and director Ansh Infotech, Ludhiana) and Mr. Ashish Jalota (Co-founder of Ansh Infotech, Ludhiana) enlightened the students of BMM, B. Voc web technology and Multimedia, B. Sc IT, BCA and M.Sc. with their knowledge. They had given details about the topic “Internet of Things (IOT)” and “Digital marketing”. There was also a practical session about the demonstration on “Raspberry pi 2” tools and its applications. Students showed an overwhelming response to the interesting sessions on smart future devices like smart healthcare, smart buildings, smart cities and smart logistics.
The students of Hans Raj Mahila Maha Vidyalaya won overall trophy at Doaba Fest 2016 organized by Doaba College Jalandhar. She told that the team of HMV won first prize in Sufi Kalam, Gazal, Rangoli, Phulkari, Folk Dance, Clay Modelling, Cartooning, Sketching, Skit and Mime. The team won second prize in Folk Song, Installation and Landscape. The college won third prize in Debate, Elocution, Poetry, Mimicry, Still Life Painting, Poster Making and Photography. With so many prizes the team of HMV won overall trophy.

November 14
Guru Nanak Dev Ji’s Birthday was celebrated in the hostel

National science Olympiad was organized by Department of Physics for SSC 1 and SSC 2

November 16
Supriya and Manpreet of Commerce stream won third prize in Rangoli at St. soldier Inter Collegiate Competition

November 18
Lecture on Pattern Formation in Physical Systems was delivered by Dr. Sanjay Puri from JNU University
Hans Raj Mahila Mahavidyalaya organized five day Inspire Internship Science Camp sponsored by the Department of Science and Technology, Govt. of India from 15th November to 19th November. The five day schedule of the camp comprised of a variety of innovative ways to transfer knowledge about latest scientific innovations through interactive sessions with luminaries of intelligence and excellence in scientific field. 200 students from about 20 schools of Jalandhar and other districts attended this camp and underwent a series of hands-on practical sessions, demonstrations and workshops. Students were delighted to interact with eminent scientists from the top research and academic institutes from India including Indian Institute of Variable Energy, Tropical Meterology, Pune, North-Eastern Hill University, Shillong, PGI Chandigarh, National Institute of Immunology, New Delhi, JNU, New Delhi, Nirma University of Science and Technology, Gandhi Nagar, PU, Chandigarh, GNDU. The programme introduced students to working scientists which provided them firsthand information on the subjects. Students also participated in the Essay Writing and Quiz competition and winners were awarded with prizes.
November 18

Proud Moments

To mark the arrival of Padamshree Dr. Punam Suri Hon’ble President DAV CMC New Delhi, in the precincts of HMV, a grand gala evening, Jashn-e- Amad was organized in the college on Nov 18, 2017.
The unique new Mahatma Anand Swami Block for Performing Arts was inaugurated by Padamshree Dr. Punam Surjii, the Hon’ble President of the DAV CMC on Nov 18, 2016 in HMV. The block hosts a professional recording studio for recording of musical programmes.

History was created at HMV when the postal stamp bearing the image of Padamshree Dr. Punam Suri, Hon’ble President of DAV CMC, Delhi was released by the Indian Postal System, Ministry of Communication, Govt. of India on Nov. 18, 2016. An envelope with the history of the institution & the picture of the college printed on it was also released by Ms. Meenakshi Yadav and Mr. Mohammad Hanif the Chief of the Post offices.
November 21

**Bhajan Sandhya**
The 131st Annual Function of Arya Samaj Bikrampura (Qila), Mai Hiran Gate, Jalandhar was organized with full enthusiasm. Acharya Shri Raju Vigyanik Ji presented Mahapadesh and Evening Pravachan and Bhajan Sandhya were held.

November 22

**HMV Collegiate School won various prizes in KMV Spark**
Pavitra, Divya, Supriya and Sandeep won various prizes in KMV Spark organized by KMV Collegiate Sr. Sec. School. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the Incharge of HMV Collegiate School Mrs. Sunita Dhawan and Quiz Incharge Mrs. Binoo Gupta. The winning students were honoured with trophies and certificates.

November 23

**An evening with the self**
In concord with the view that awareness of spiritual self leads to aliveness and inter connectedness a ‘Ved Katha Utsav’ was organized at Hans Raj Mahila Maha Vidyalaya. Acharya Sh. Raju Vigyanik Ji, a spiritual orator and Sh. Irwin Khanna, Chief Editor of Uttam Hindu graced the occasion as main guests. Setting the aura, the evening began with the recital of hymns. Acharya Sh. Raju Vigyanik led the audience into the spiritual sea with his words that every moment of life poses a test to humans and an enlightened soul wins over this struggle for existence. A person who walks on the right path always feeling the omni divine presence and listens to the inner voice is an epitome of a content human being. The focus of life should be to rise in one’s own eyes which is the real purpose.

November 24

**HMV Collegiate School won several prizes in BDA Fest**
The students of HMV Collegiate Sr. Sec. School won several prizes in BDA Fest organized by BD Arya Girls College, Jalandhar Cantt. Simran won first prize in Poster making, Gunleen and Jasleen won first prize in E-Card making, Divya, Pavitra and Sandeep won first prize in Quiz, Manpreet and Supriya won third prize in Rangoli and Surbhi got third prize in Elocution. The winning students were awarded with certificates.

November 25

**Saloni Sharma presented a paper on Modification in Electrical, Optical and Structural properties of Polyaniline PVC Composite thin Films in two days National Conference on Research Trends in Physics and Electronics NPE-2016 org by SGGS Khalsa College Mahilpur on 25-26 Nov.**

November 27

**Mrs. Anu Bala, Ms. Pooja, Department of Music Recited Indain Classical vocal at Ruhaniyat in Mumbai**
November 25

**HMV Collegiate School won several prizes in Impulse**

The students of HMV Collegiate Sr. Sec. School participated in Impulse 2016, an inter college competition organized by St. Soldier College and the choreography team won third prize.

November 26

**Lending a helping hand**

**NSS Volunteers visited Apahaj Ashram**

The NSS volunteers distributed things of daily use in Apahaj Ashram under the guidance of Principal Prof. Dr. (Mrs.) Ajay Sareen. NSS Programme Officer Mrs. Kuljeet Kaur and Mrs. Veena Arora along with NSS volunteers distributed wheat, cereals, rice, soap, clothes in Apahaj Ashram.

November 28

**Declamation competition**

Under the canopy of Vigilance awareness and in Collaboration with Punjab National Bank, the college organized a declamation competition to promote honesty and participation of people in eradication of corruption.

November 29

**Winners All the Way**

**HMV won GNDU Basketball Runners up trophy**

The Basketball team participated in GNDU Basketball Inter College Championship held at GNDU Amritsar and got runners up position. Principal Prof. Dr. (Mrs.) Ajay Sareen congratulated the team members and Head of Physical Education department Mrs. Sudarshan Kang. She told that team members were Km. Gauri, Km. Pooja Bhatti, Km. Arashdeep, Km. Gunjan Verma and Km. Sonam Kumari. They also participated in North Zone Inter University championship held at Murthal, Rajasthan and got runners up position. HOD Mrs. Sudarshan Kang told that these students will also be participating in All India Inter University Basketball Championship which will be held at Bhubaneswar, Orrisa.
The glittering December

I heard a bird sing,
In the dark of December
A magical thing,
And sweet to remember
- Oliver Herford
December 2

AIDS Awareness Campaign

Zoology Department organized an AIDS Awareness Campaign on World AIDS Day. Science students presented posters and wrote slogans to bring awareness against deadly disease. A video film was shown regarding HIV virus and life cycle in humans. Miss Jashan and Ms. Kirti presented informative power point presentation on spread and preventive measures of AIDS. Speaking on the occasion, Principal Dr. Ajay Sareen stressed upon the need to create awareness regarding AIDS and motivated the students to follow healthy practices in life.

International Day of persons with Disabilities celebrated

Hans Raj Mahila Maha Vidyalaya celebrated International Day of persons with Disabilities by organizing two days workshop on Accessible e-pub training for the visually impaired and partially sighted persons. The objective of the workshop was to provide skills and knowledge of creating e-books in EPUB 3 format so that they are usable by even persons with disabilities. The training was organized by Drishti Cell for physically challenged persons in collaboration with Saksham Punjab. Principal Dr. Mrs. Ajay Sareen welcomed the resource person Mr. Prashant Ranjan Verma, General Secretary, National Association for the Blind, Delhi and Mr. Amit Verma, an entrepreneur, running a design and development house ‘spiritnoise’ at Delhi.

December 6

Industrial Visit to Ludhiana Stock & Capital Ltd.

PG Department of Commerce and Management organized an Industrial Visit to Ludhiana Stock and Capital Ltd., Ludhiana for the students of B.Voc. Banking and Financial Services. The visit was organized with a view to impart practical knowledge to the students of various operations of stock market. Mr. Atul Chikersal, Executive Ludhiana Stock and Capital Ltd. Explained various stock market operations, scams of stock market and precautions to be taken while investing in stock market. Ms. Silvi Malhotra, Officer, Ludhiana Stock and Capital Ltd. Gave practical insights into trading operations of the market by taking live examples from the stock market. The visit was a rich learning experience for the students. Students of Music Department won third position in Group shabad at Gobind Sarwar Sr. Sec. School Bulandpuri

December 8

HMV won Senior State Basketball Championship

The Basketball team of Hans Raj Mahila Maha Vidyalaya represented Jalandhar District Basketball team in Senior State Basketball Championship held at Ludhiana. The team won the Championship by defeating Ludhiana District in Final match with the score 48/46. The members of the team were Gauri, Pooj, Radhika, Gunjan, Sonam, Gurpreet, Preeti, Muskan, Aarti, Harpreet & Manpreet.

December 3

Dr. Prem Sagar, HoD Music Vocal gave a radio talk on Career as a music teacher at FM Radio Mantra

December 9

Mrs. Anu Bala, Ms. Pooja Department of Music participated in shabad gayan at International Gurmat Sangeet Kirtan Darbar Chandigarh

December 13

Prabhleen Kaur a student of BA Final year brought laurels by winning second prize in poetical recitation in Ten day Youth Leadership training Camp Mandi under the banner of NSS.


December 19

Mrs Urvashi Mishra, Assistant Professor Computer Science presented a paper in a Seminar on ‘Winnability Factors in Punjab Elections’ at St. Soldier Law College, Jalandhar.
A studio for talking books was established in the Drishti Technology Centre of Hans Raj Mahila Maha Vidyalaya. The studio was funded and inaugurated by Mr. Arvind Chopra (Director Hind Samachar Group of Newspapers) and Mrs. Seema Chopra, under the Ramesh Chander Memorial Trust. Mr. Arvind Chopra and Mrs. Seema Chopra appreciated the efforts being done by the college towards the differently abled persons. They said talking books, enable the visually impaired to keep pace with the outside world.

December 16

Inauguration of Newly built room for Internal Quality Assurance Cell

The newly built room of Internal Quality Assurance Cell was inaugurated by Mayor Sh. Sunil Jyoti. IQAC works on the quality of innovation, research co-curricular activities, community services, academics and teaching-learning area of the college. This room has been specifically made for IQAC meetings & deliberations. Mayor Sh. Sunil Jyoti appreciated the efforts of the college in Quality Assurance and congratulated the college authorities. This college is the first college in India accredited by NAAC owing to its quality assurance activities.
Annual Awards Day was organized in Hans Raj Mahila Maha Vidyalaya on 18th December, 2016. The prize winners were duly honoured for their achievements by esteemed Er. Shwait Malik, Member of Parliament (Rajya Sabha), New Delhi and Sh. Bal Krishan Mittal, Secretary, DAVCMC New Delhi. 105 students were given Gold Medals, 48 awarded Silver Medals and 37 students were given Bronze Medals. A total of 583 prizes were given to students for their achievements.

Chief Guest Er. Shwait Malik felicitated the institution for shouldering the responsibility of spreading education in the right direction. He emphasized that it is our moral duty to realize the futuristic dreams of our revered Prime Minister Sh. Narendra Modi. Dream of self-sufficiency can be fulfilled through skill-development projects for the common man. He ended his speech on a positive note of women empowerment. He announced a grant of Rs.5.00 lacs for skill development projects.
Under the supervision of Principal Dr. (Mrs.) Ajay Sareen, NSS department of Hans Raj MahilaMahaVidyalaya organized a 7-day NSS Camp. The main objective of NSS is to enable the students to upgrade their personality and experience through community service. Volunteers undertook village Gakhal under Swacch Bharat Abhiyan.

December 21

Social activities by NSS Volunteers of HMV

On the second day of the NSS camp cleaned the school playgrounds, painted the trees and wrote inspiring slogans. Dr. Ekta Khosla, Associate Prof. in Chemistry delivered lecture on adulteration in food items. Mr. Kulwinder Singh Gakhal, a reputed personality delivered a motivational lecture and imparted knowledge regarding various competitive exams after graduation and postgraduation. Miss Ramanpreet Kaur, a renowned media personality as well as a social activist delivered a lecture on the topic ‘Role of Youth in Healthy Society’.

December 22

Medical Camp

In order to arouse the social consciousness of students and provide them with the opportunity to work creatively and constructively, the NSS unit organized a medical check up camp at Village Gakhal. During the medical camp, the Incharge of Youth Red Cross Department of HMV Dr. Aarti Sharma diagnosed the medical problems of women and suggested medicines to them.

December 23

On the sixth day of this camp, the faculty members of Fine Arts, Fashion Designing and Home Science imparted knowledge among the students regarding skill oriented courses and their scope in future. The students were taught to make decorative things from the waste products.
December 23
Mrs. Rama Sharma attended a refresher course in Research Methodology in Social Sciences at UGC, HRDC, Guru Nanak Dev University Amritsar from December 23, 2016 to January 12, 2017.

Km. Manpreet Kaur represented Punjab Weight Lifting team in Senior National Weight Lifting Championship held at Nagarcoil, Tamilnadu from 26th to 30th Dec., 2016 and won Bronze Medal.

December 25
Christmas celebrations in the hostel

December 29
NRI alumnae Dr. Vishakha Chopra Sabharwal (MD Pediatrics and Assistant Professor Boston University) visited her Alma-mater after 27 years. She has been honoured by American Government with Awards of excellence twice.