



# HANS RAJ MAHILA MAHA VIDYALAYA

INTERNATIONAL WEBINAR

ON

## Maintaining Beauty and Fitness in Covid Times

### EXPERTS



**Ms. Ritu Kolentine**

International Makeup Artist & Aesthetician  
Founder & MD Ritu Kolentine Makeover Studio  
and Training Academy, Punjab



**Mr. Sarabjit Singh Happy**

International Athletics Coach  
Punjab Institute of Sports, Mohali



**Ms. Pragati**

National Level Athlete  
Freelance News Anchor  
Toronto, Canada

**Ms. Mukti Arora**

Head, PG Department of Cosmetology  
(Webinaar Coordinator and Moderator)



**Ms. Sukhwinder Kaur**

Head, Department of Physical Education and Sports  
(Webinaar Coordinator and Moderator)

**30 JULY 2020 | THURSDAY | 11:00 AM**

Join us at 10.45 am

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### Patron

**Sh. Shiv Raman Gaur, IAS (Retd.), Director Higher Education, DAVCMC, New Delhi**

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