

Serial N<sup>o</sup> 89765

Roll No. 2911

Registration No. GCW(P)93-91

# Punjabi University Patiala



(Established under Punjab Act No. 35 of 1961)

## Doctor of Philosophy

Certified that Ashmeen Kaur, son/daughter  
of Shri Sampuran Singh and Smt. Satwant Kaur,  
of the Dept. of Psychology, Punjabi University, Patiala  
has this day been admitted by the Senate in the degree of

## Doctor of Philosophy

in

Academic Stress in Relation to Hardiness Self Efficacy  
and Time-Management Skills

in the faculty of

Social Sciences

Given under the seal of the University.

Attested to be True Copy

*R. K. Singh*  
Principal  
Hans Raj Mahila Maha Vidyalaya  
Galandhar City

*H Singh*  
REGISTRAR

PATIALA July 13, 2015

*Abolauka*  
CHANCELLOR

*S. P. Singh*  
VICE-CHANCELLOR